

# A case study on Hypothyroidism

## Introduction

Dr. Uma Devi Yarlagadda is a leading Clinician and academician. Her articles had been published in many scientific Journals She was graduated from Dr. Allu Ramalingaiah Govt Homoeopathy Medical College in 2010., after a clinical experience she is perusing her post graduation from Dr. Allu Ramalingaiah Govt Homoeopathy Medical College in department of Materia Medica

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A female patient aged about 35yrs presented with following complaints

1. Gradual increase in weight since the last 6months
2. Severe hair fall
3. Complete lack of interest in doing any work, even her daily routine activities.
4. Pain in all joints of the body with morning stiffness.

### History of Presenting Complaints

The patient is suffering from all her complaints and a change in her daily activities since last 6months .When asked about the particular ailment , she said that her father was expired last 10months back. She was very much attached to her father emotionally and much dependant on him. She kept on brooding about her father.

### Past History

- Frequently suffers from cold and tonsillitis.
- Frequently suffers from skin diseases.

### Family History

- Father diabetic and died of cardiac ailment.
- Mother known case of Hypothyroid.
- 1 younger brother had Diabetes.
- 1 younger sister had Hypothyroidism.



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Plate I

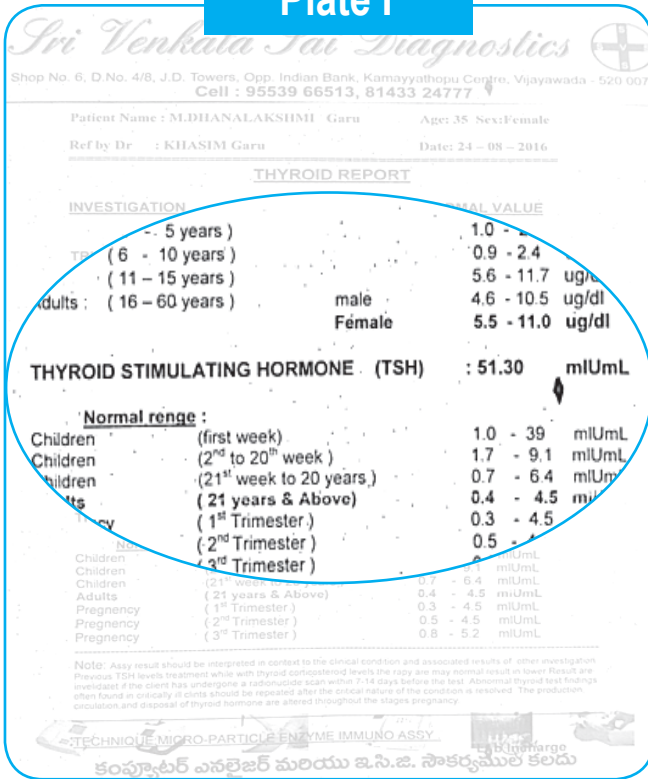
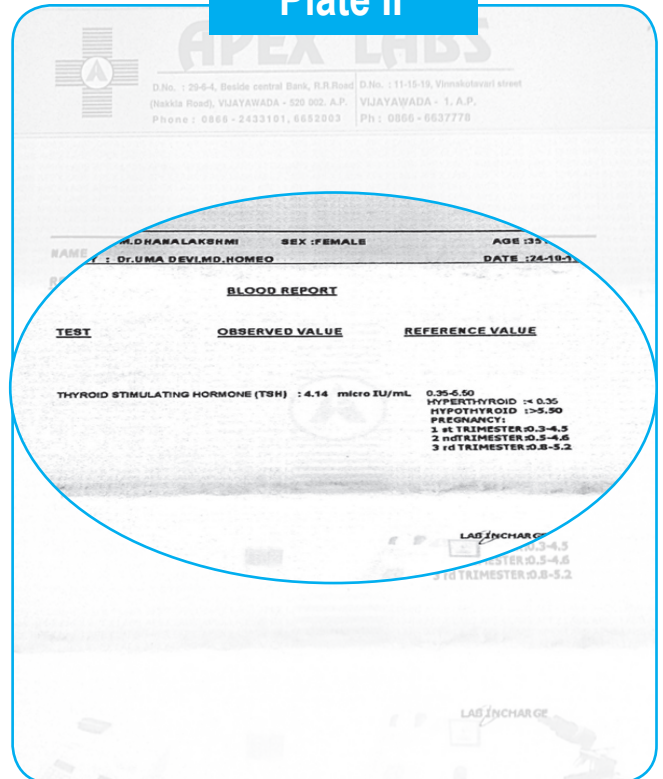


Plate II



Life Space Investigation:

She is very timid and gentle girl. Had a very good girl image in her society. She is very diligent and hard working nature. When asked about the negative features which she feels about her, she had that she had complete lack of self confidence. Because of this lack of self confidence she works more and becomes much more attention. She is very happy with her daily routine activities and does not like any change in her schedule. Very obedient and is always dependant on others for support both mentally and emotionally.

Mental Generals

- Timid and bashful 3+.
- Lack of self confidence 2+.
- Irresolute 1+
- Anticipatory anxiety is there 2+.

Physical Generals

- Desires : sweets.
- Sweat: more on palms and soles.
- Suppurative tendency of skin.
- Dreams : as if talking with her dead father...

Laboratory Investigation: TSH : 51.30( Refer Plate I )

Interpretation of Case

Here in this case it is clearly evident that the ailment of the disease is the death of her father, the most loved one, which caused her the disease. Although she had the family history of the disease, this made her to prone to the disease. According to Dr. Samuel Hahnemann as explained in Organon of Medicine 6th edition, aphorism 153...

“ The most striking , uncommon and peculiar symptoms of the case of the disease are chiefly and most solely kept in view. Other common symptoms are to be given less importance.”

So in this case the most striking and the peculiar symptom was the dream as if talking with dead father.. and the only remedy in this symptom in Synthesis Repertory was Calcarea Silicata. So Calcarea Silicata 30 single dose was prescribed, as it has also covered all the general symptoms.

After 2months when the TSH report was reviewed, the report came normal 4.14 (Refer Plate II ) even without the aid of allopathic supplementation.

All her complaints were also better as said by patient. She developed interest in doing her daily activities also.