

**Dr.V.Sadeeshbabu**

A lady aged 30 had irregular menses and weight gain since 8 months. Her thyroid profile shows Hypothyroidism Treated with Thyroidinum 6X along with constitutional medicine for 3 months now all complaints reduced and TSH level become normal for so many Hypothyroidism cases I got success with Thyroidinum 6X with constitutional medicine

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I had seen in Hyperthyroidism Natrum Mur 1M one dose every month is effective if the key symptoms intolerance of heat, trembling hands, tachycardia, marasmus especially noted on the neck. When the hyperthyroidism is due to soft nodule or cysts on the thyroid lobes-marasmus, palpitation and tachycardia Iodine 200C found useful. If the nodules are hard I use Bromium 200C. The drugs other drugs with cardiac complaints Lycopodium Virginicum Cactus Grandiflorus Fucus Vesiculosus when cardiac complaints associates. In hypothyroidism cases Calc Carb had beneficial results in obese patients. Thyroidinum patients craves for sweets, skin is dry and also they are obese

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**Dr.R.Seenivasan****Dr. Asma Munir Sheikh**

Hashimoto's disease is characterized by destructive lymphoid infiltration of thyroid, ultimately leading to varying degree of fibrosis and thyroid enlargement. The key symptoms features with Repertorisation brings the Natrum Mur, Calc Carb, Lycopodium Clavatum, Kalium Carbonicum, Conium Maculatum, Conium Maculatum, Graphites, Sepia Officinalis, Baryta Carb, Iodine, Thyroidinum

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A female aged about 24yrs presented with Irregular Menses with heavy flow, weight gain, Hair fall Sanguine Temperament, very lively, sociable, talkative, chilly and anxiety when alone with desire for company. My prescription was Phos 200 Tds for 3days in weekly repetition for a month, which later lowered her TSH level from 16.8 to 4.2 and her Menses flow became normal with improvement in hair falling.

Dr Rohit Srivatsan, MD(Hom), Lecturer, BHMC, Victory Homoeo Speciality Clinic, 5th Cross, Malleswaram, Bangalore. Mobile: 9900142557

**Dr Rohit Srivatsan**



Dr. Megha Gour

Adrenalinum is useful in Exophthalmic Goiter in 1M potency , Bromium 200 is helpful in stony hard thyroid swellings, Calcarea Fluor thyroid swelling with lymphadenopathy . Thyroidinum is useful after partial thyroidectomy 30C will be beneficial ,Tuberculinum various potency ranging from 200 to 1M or CM in tubercular swellings in the neck

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A woman aged 22 years came with complaints of scanty menses since 3 months, hair loss since 3 months. Patient is known case of hypothyroidism since 4 years has improved with Sulphur 200C following with Thyroidinum 6X reverse the complaints. Another woman aged 26 years presented Hypothyroidism with hair fall has responded to Lycopodium followed with Thyroidinum 6x gave better results

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Dr. R. Bhavani



Dr. T. Kamala Rathi

A 30 yrs old lady came to me for the complaint of irregular periods since one year. She delayed menstrual cycle and Amenorrhoea. Pulsatilla 200C was prescribed but no improvement. I directed the patient Thyroid function test, which showed TSH level was high and T3 and T4 level is low. I prescribed Calc. Carb 200C. Now her periods are regular and thyroid hormones are under control.

Dr. T. Kamala Rathi, BHMS, Rajesh Homoeo Care No. 109, 110 MMS Complex, Bazaar Street, Pudupattinam, Kalpakam. Contact No: 9789270260.

A case of 42 year old woman, a known case of Chronic Thyroiditis, presented with anxiety with palpitation. She had burning in palms and feet, hot patient, very curious and few other rubrics pointed to homeopathic medicine- I prescribed Sulphur 200C for a month. The patient is in much better state now, with mental and physical activeness

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Dr. J. P. Salini



Dr. Nritiya Dave

A lady 65 yrs old came to me with complaints of Goitrous swelling with dysphagia and even if she attempted to eat she would have to vomit or bring up the food, this situation was extremely embarrassing for her. She was constantly emaciated as well and often suffered palpitations and tiredness. She was started on spongia 30C bd and Thyroidinum 30C bd for a month. In 15 days she reported discharge of continued mucus from throat and over the same period her ability to swallow food started improving and her appetite started growing. After six months period her goitrous swelling reduced drastically in size and also her dysphagia was resolved.

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I consider Natrum Muriaticum as the prime remedy in hypothyroidism with desire for salt, menstrual disorders, delay in conception, weakness, wasting, perspiration as principle directives. In case of Hyperthyroidism, I consider Iodum as the prime remedy with typical weakness after eating and allalso Lycopodium, sulphur, Acid Phos, Thyroidinum are other frequently used medicines..

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Dr. K.R.K. Prabhakara Murthy



Dr. Gnanam

A female aged 58 yrs, came with the complaints of pain in all small joints, tiredness and palpitations < climbing stairs < first motion < lying > sleep, loss of appetite. She was on allopathic treatment taking Thyronorm tablets for the past 25 yrs. Based on her totality, Calcarea carb was given, followed by Thyroidinum 3x recovered. Iodum and Lycopodium also helped in other cases based on their constitution.

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Hashimoto's thyroiditis is concerned there are many effective medicines available in Homoeopathy, The Sepia Officinalis, Lycopodium Clavatum, Graphites, Calcarea Carb, Nux Vomica, Lachesis Mutus, Natrum Mur, Silicea, Spongia Tosta, Lapis Alba, Fucus Vesiculosus, Thyroidinum, Odum and Bromium are helpful depending on the individuality of the patient, considering the mental and physical symptoms.

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Dr. M.R. Anjali